

PANTRY



		120
FRUITS/VEGETABLES		-
		DAIRY
	HOUSEHOLD ITEMS	
		MEAT/PROTEIN
	OTHER	DAVING
		BAKING
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		- <u> </u>
	BEVERAGES	BREAD/PASTA/GRAINS
	ESTE THE	FREEZER
THROW IN	Light ESTE	
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Sun	Breakfast Lunch Dinner	Snacks
Mon	Breakfast Lunch Dinner	Snacks
Tue	Breakfast Lunch Dinner	Snacks
Wed	Breakfast Lunch Dinner	Snacks
Thur	Breakfast Lunch Dinner	Snacks
Fri	Breakfast Lunch Dinner	Snacks
Sat	Breakfast Lunch Dinner	Snacks